

## Summer International Training Center

*June 28, 2010 – September 4, 2010*



Christine Mozer, Peter Burrows, Samantha Cesario, and Mary Lynn Gelderman

*Directed by:*

**Peter Burrows & MaryLynn Gelderman**

**USA, WORLD & OLYMPIC COACHES**

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EUROPEAN CONTACT:  
EVELYN ROSSOUKHI SCHNEIDER  
(AUSTRIA) TEL. # 43 664 302 4722

# **SPORT-O-RAMA PROFESSIONAL STAFF- 2010**

Each Professional is an Independent Contractor and all scheduling arrangements for instruction must be made directly with each Professional.

## **PETER BURROWS – EXECUTIVE DIRECTOR**

## **MARY LYNN GELDERMAN – DIRECTOR**

**DEBBIE MILNE DAVIS** - PSA, USFSA Gold Medallist, North Atlantic & Eastern Champion, National Competitor, Coach to National & International Competitors, Coach to Junior Olympic, World & Olympic skaters

**INESE BUCEVICA** - 4 time Latvian Ice Dancing Champion, Bachelor Degree in Coaching Figure Skating in the Soviet Union, Ballet Master for Figure Skating from the Moscow Institute of Performing Arts. Olympic, World and International ice dancing coach

**JASON BRIGGS** - British National Champion, British, European, World and Olympic Team Member, coach to Regional through National & European skaters

**JANA BRAZEE** - PSA, Czechoslovakian National Pair Champion, International, European and World Team Member, trainer to World & Olympic competitors, member of Coaching Team for Kyoko Ina and Jason Dungjen and International Singles competitor

**GAIL LIVINGSTON** - PSA, USFSA, Spin Coach to Olympic, National & International Competitors. 24 years teaching experience.

**BARBARA DELANEY SMITH** - PSA Senior Rated Free Style and MIF, USFSA Gold Medallist; 25 years teaching experience, B.A. University of Denver, former Member Artake and Synapse Studios Modern Dance Companies

**BIBI ZILLMER MORITZ** – Quadruple Gold Medallist, World & Olympic Competitor, International Coach. Group lesson director

**AMY GAMSEN** - PSA, USFSA Gold Medallist, Coach to North Atlantic Competitors

**HOWARD CHILTON** - PSA Certified, USFSA, Coach to North Atlantic Competitors

**CARYN BESWICK** – PSA, USFSA, ISI, Local and Regional competitor, Coaches Figure Skaters and Hockey Players

**ELAINE VEREB** – ISI, USFSA member

**HEATHER HORN** – USFSA member

**ROBERT DAW** - 4 time British National Pair Champion, British-European World & Olympic Team Member, Coach to US National & International Skaters

**KYOKO INA** - 1989 U.S. Junior Champion, U.S. Olympic / World Team member; 1997 and 1998 U.S. Pairs Champion with Jason Dungjen; 1998 4<sup>th</sup> place Pairs at Olympics with Jason; 2000, 2001, and 2002 U.S. Pairs Champion with John Zimmerman, 2002 World Bronze Medal with John Zimmerman.

**JACKIE MC NAMARA** – PSA, USFSA, Gold Medalist, Coach to Adult Sectional & National Champion

## **SPECIAL GUEST INSTRUCTORS**

### **EVELYN ROSSOUKHI SCHNEIDER**

European, World and Olympic Coach; Austrian Olympic Coach; Austrian recipient of IPSU Gold Medal Award for Coaching, Honorary President Austrian Coaches Association

# The Professional Staff



## **PETER BURROWS – EXECUTIVE DIRECTOR**

USFSA, PSA Olympic and World Ranking, PSA Master Rated, former British Junior and Senior National Champion, British, European & World Team Member, Trainer to National, International, World & Olympic Champions such as Dorothy Hamill, Kyoko Ina and Jason Dungjen, and World Champion Elaine Zayak.

## **MARY LYNN GELDERMAN – DIRECTOR**

USFSA Gold Medallist, PSA World and Olympic Ranking, Gold Medallist in every division of Regionals (North Atlantic), Medallist in every division Sectionals (Easterns), Silver Medallist in U.S. National Novice, Silver Medallist in National Junior, U.S. National Senior Competitor, Grand Prix St. Gervais, Silver Medallist, Coach to Olympic, World and National Competitors including Kyoko Ina and Jason Dungjen, and World Champion Elaine Zayak.



We are very proud of our Professional Staff at Sport-O-Rama. Their many years of competitive and teaching experience have produced many National, International and World Competitors and Champions. In addition, we are happy to have as a guest instructor for the summer, **Evelyn Rossoukhi Schneider**, European World and Olympic Coach, Austrian Olympic Coach, Austrian Recipient of the IPSU Gold Medal Award for coaching and ISU technical specialist.

**WE WELCOME INQUIRIES FROM PROFESSIONALS SEEKING ICE WITH THEIR STUDENTS**

**EUROPEAN SKATERS AND PROFESSIONALS MAY OBTAIN ADDITIONAL INFORMATION BY CONTACTING EVELYN ROSSOUKHI SCHNEIDER (AUSTRIA) (TEL # 43 664 302 4722).**

## **OUR FACILITY**

- Two Full Size Ice Surfaces Mirrored Ballet/Dance Room
- 15,000 Sq. Ft. Adjacent Health Club
- Jumping Harness
- Dehumidified and Temperature Controlled Facilities
- Game Room
- Spacious Lobby located in the center of the two rinks with a large refreshment stand that serves home style cooking, with everything from snacks to full meals
- Our Sport Shop, operated by Cutting Edge Skate and Hockey is available to service the most discriminating skaters' needs in equipment, wearing apparel and skate sharpening.

# The Program

## STANDARD ON ICE PROGRAM

The program fee includes **Freestyle**, and an **On-Ice Cardio Workout and Edge Work**.

**CARDIO:** This twice a week program is designed to benefit endurance and strength involving wind sprints, balance and conditioning. It is designed to physically strengthen the skater throughout the Summer Training Program.

**EDGE WORK WARMUP:** Used throughout the new ISU Judging System this twice per week program benefits the skaters in edge and turn proficiency. Taught by Olympic, World, and National coach **Inese Bucevica**

**THESE ON-ICE PROGRAMS ARE INCLUDED IN THE FEE FOR SUMMER SCHOOL. SKATERS ATTENDING THE SUMMER PROGRAM ARE EXPECTED TO PARTICIPATE IN ALL OF THESE CLINICS.**

## OPTIONAL ON ICE JUMP CLINIC

A 50 minute on ice jump clinic conducted by **Peter Burrows** will include a 20 minute warm up and 30 minutes of jump instruction stressing consistency and conditioning.

## OPTIONAL OFF-ICE PROGRAMS

**ISU TECHNICAL SPECIALIST:** Sport-O-Rama is pleased to announce that **Evelyn Rossoukhi Schneider**, a certified ISU technical specialist who has been a technical specialist at Europeans, will be available for evaluations during the month of August for coaches and their students. Appointments necessary

**OFF-ICE JUMP CLINIC:** **Mr. Peter Burrows** will be conducting an optional off-ice jump clinic for juvenile and above skaters, utilizing his unique approach to multi rotational jumps. Skaters will work off ice with Mr. Burrows on the advanced jump techniques required for the demanding triple and quadruple jumps needed for competitive skaters.

**OFF-ICE STRETCH CLASS:** Under the direction of **Inese Bucevica**, Olympic, World & National Coach, this class is designed to develop the strength and flexibility required for proper body alignment of the skater.

**TESTING:** USFSA Tests at all levels are scheduled for July and August.

**VIDEO:** Sport-O-Rama has a full video set up. The skaters and instructors utilize video analysis of lessons and programs to improve skaters' style and techniques. Videotaping is available for all skaters at no additional cost.

**ADULT DANCE CLINIC:** Taught by **Ms. Inese Bucevica**. Day and time to be announced.

## CUSTOMIZED SUMMER SCHOOL PROGRAMS

For those parents and students new to our Summer School Program or just new to a full training program for their skater, Sport-O-Rama will be happy to fully customize an optimum Summer Experience for your skater. Let our team of World Olympic Coaches tailor a program that will suit your skater's test and skill needs. Sport-O-Rama can provide any type of schedule to fully accommodate your summer needs.

# Daily Schedule

**Weeks of: 7/5, 7/26, 8/2, 8/9, 8/16**

**All Weeks**

**Weeks of: 6/28, 7/12,  
7/19, 8/23, 8/30**

**Rink 1**

**Rink 2**

**Saturday Schedule**

**Using only 1 rink**

7:10- 8:10 Pre-Sr  
8:10- 8:30 Clinic Pre-Nov  
8:40- 9:40 Pre-Nov  
9:50-10:50 Pre-Sr.  
11:00-12:00 Pre- Sr.  
12:10- 1:10 Pre-Nov  
1:20 – 2:20 Dance/Pair  
2:20 – 3:20 Dance/Pair  
3:30 – 4:30 Low  
4:40 – 6:10 Open Session

7:10-8:00 Jump clinic \*\*  
8:00- 8:20 Clinic Jr.-Sr  
8:30- 9:30 Jr.-Sr.  
10:50-12:05 Nat/Pair  
12:15- 1:15 Jr-Sr

7:00 – 8:00 All Levels  
8:00 – 9:00 All Levels  
9:10 – 10:10 All Levels  
10:20 – 11:20 All Levels  
11:30 – 12:30 All Levels

7:10 – 7:30 Clinic Jr/Sr \*  
7:10-7:30 Clinic Pre Nov  
7:30-8:30 Pre-Sr  
8:40-9:40 Pre-Sr  
9:50-10:50 Pre-Nov  
11:00-12:00 Jr-Sr  
12:10-1:10 Pre-Sr  
1:20 – 2:20 Nat/Pair  
2:20 – 3:20 Dance/Pair  
3:30 – 4:30 Low  
4:40 – 6:10 Open Session

\*\* Jump Clinic is only on  
Tuesdays

\* Rink 2

**Off – Ice Clinics** are held at the Health Club Mon – Thu 1:30 – 2:30 PM  
Mon – Jump Clinic with Peter, Tues – Pilates or Strength Class, Wed – Stretch  
class with Inese and Thu - Pilates or Strength Class.

## SKATING RATES

PLAN	4 WKS	5 WKS	6 WKS	7 WKS	8 WKS	9 WKS	10 wks
PLAN A - 3 FREE	\$ 1,300	\$ 1,625	\$1,950	\$2,225	\$2,560	\$2,600	\$2,700
PLAN C- 2 FREE	1,040	1,300	1,560	1,780	2,000	2,080	2,160
PLAN D - DANCE/PAIRS	910	1,140	1,365	1,555	1,745	1,820	1,895
JUMP CLINICS (EACH)	140	175	210	240	270	280	300
OPEN SESSION (PER DAY)	116	145	175	200	220	230	240

PLAN A, C & D prices include On – Ice clinics

See the office for any week/day combination not listed in the above pricing.

The Off-Ice and On-Ice Jump Clinics, Off-Ice Dance and Off-Ice Physical Training  
are **NOT** included in the above prices.

## SUMMER RESIDENCE ACCOMMODATIONS

Residence accommodations are available.

# Application

## SPORT-O-RAMA INTERNATIONAL SUMMER TRAINING CENTER

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_ TELEPHONE # ( ) \_\_\_\_\_

HOME CLUB \_\_\_\_\_ USFSA # \_\_\_\_\_

PARENT'S NAME \_\_\_\_\_ TEST LEVEL PASSED \_\_\_\_\_

E-MAIL \_\_\_\_\_

CHOICE OF SKATING TIMES: 1<sup>st</sup> CHOICE: \_\_\_\_\_

2<sup>ND</sup> CHOICE \_\_\_\_\_

**All efforts will be made to accommodate each skater; however, the Training Center reserves the right to make all time and space assignments. Assignments will be made on a first come, first serve basis with consideration for not having too many skaters on the ice at the same time, and no specific time may be guaranteed.**

### NO INDIVIDUAL MAY RESELL THEIR ICE TIME

Indicate number of lessons desired each week with names(s) of Professional(s):

FREE: \_\_\_\_\_ PROFESSIONAL: \_\_\_\_\_

Enrollment in the Sport-O-Rama Training Center is LIMITED. Preference will be given to skaters enrolling for the full 10 week session. **No reservations will be accepted without the required deposit.** Deposits will be refunded upon request until May 31, 2010 Thereafter, they will be refunded until June 10, 2010 only if the reserved position is resold. NO REFUNDS of deposits or fees will be made after June 10, 2010 for ANY reason. The full fee is due even if skater withdraws after June 10<sup>th</sup>.

### **Please enroll me in PLAN For:**

\_\_\_\_\_ Plan \_\_\_\_\_ # of weeks \_\_\_\_\_ Dates \_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ OFF - ICE JUMP CLINIC \_\_\_\_\_ weeks \$ \_\_\_\_\_

\_\_\_\_\_ ON - ICE JUMP CLINIC \_\_\_\_\_ Weeks \$ \_\_\_\_\_

\_\_\_\_\_ OPEN SESSION \_\_\_\_\_ weeks, on \_\_\_\_\_ (days) \$ \_\_\_\_\_

\_\_\_\_\_ Please arrange private housing \$ \_\_\_\_\_

TOTAL FEE FOR THE SUMMER SKATING SCHOOL \$ \_\_\_\_\_

ENCLOSED IS DEPOSIT FOR ½ OF THE TOTAL FEE \$ \_\_\_\_\_

### **I UNDERSTAND THAT THE FULL BALANCE IS DUE PRIOR TO 6/28/2010**

In consideration of your permitting my son or daughter to use your athletic and related facilities for any purpose whatsoever, I hereby covenant and agree with the Ramapo Ice Rinks, Inc., Lifeplex, Inc., owners, officers, agents and employees, and all persons engaged as instructors or administrators in any program in which my son or daughter may be a participant, to indemnify and hold harmless each and everyone of them from and against all claims, liability, loss, cost, damage and expense, which may in any way arise out of, or in connection with, the use by my son or daughter of such facilities, including without limitations all claims he/she or I might have for personal injury to him/her so arising. I consent to pictures being taken of my son/daughter by Ramapo Ice Rinks, Inc. and understand that such pictures will become the property of Ramapo Ice Rinks, Inc. Ramapo Ice Rinks, Inc. may use them for promotional purposes without the payment of fees or other compensation.

\_\_\_\_\_  
SIGNATURE (Parent if applicant is under 18 years of age)

REMIT TO: SPORT-O-RAMA ICE RINKS, 20 COLLEGE RD, MONSEY, NY 10952